

## Proposed State Conference Schedule

8:30-9:00	Registration
9:00-9:15	Opening Remarks
9:15-10:15	Fred Karpoff: Chopin's Markings: The Keys to Inflection and Rubato
10:15-10:30	Break
10:30-11:30	Fred Karpoff: Professional-Level Arpeggios and Effortless Trills and Tremolos
11:30-12:00	Play and Teach with Confidence! A brief introduction to Entrada Piano
12:00-1:00	Lunch
1:00-1:30	State Board Meeting
1:30-2:30	Competition Winners Recital
2:30-2:45	Break
2:45-3:45	Fred Karpoff Recital

### **Chopin's Markings: The Keys to Inflection and Rubato**

Pianists and teachers face the challenge of crafting expressive, flexible, yet well-proportioned interpretations of Chopin's music. The composer's own articulation and expressive markings provide the best blueprint for cultivating a deep connection to his music, including how to inflect vocal phrasing and where to invest more expressive energy and intention. Examples will be drawn from Nocturnes, Waltzes, Ballades, Polonaises, Mazurkas, Preludes, and Etudes.

### **Professional-Level Arpeggios: Making the Jump from "Intermediate" to "Advanced"**

Acquiring effortless arpeggios expands your technical foundation, enabling greater fluency and coordination in all movements.

When intermediate students learn to play rapid, clean, two-octave arpeggios, remarkable things happen: their self-esteem rises, they become more fascinated by sound and gesture, they become more motivated to practice. These in turn lead to heightened achievement and satisfaction. This presentation details how to cultivate this essential element of advanced piano technique for teachers and students.

In this session, video analysis of common problems is interspersed with live demonstration of a step-by-step approach to acquiring well-coordinated, fast, two-octave arpeggios. Elements covered include alignment, three-dimensional motion in a one-octave arpeggio, the throw, combining the throw with three-dimensional shaping, released fingers, and utilizing momentum effectively.

Depending on time allotted, illustrations will include repertoire examples from intermediate through advanced works by Burgmuller, Czerny, Beethoven, Schubert, Chopin, Liszt, and Debussy.

### **Effortless Trills and Tremolos**

Trills and tremolos are an outstanding gauge of optimal coordination at the piano. These elements challenge students, teachers, and professionals alike. The objective of this session is to demonstrate how to cultivate effortless, continuous trills and tremolos.

The presentation will open with a video montage of characteristic elements from the standard teaching and performing

repertoire, from beginning through advanced levels. Instruction will continue through live demonstration, interspersed (time permitting) with video of interactive lessons on this material. A detailed handout covering technical components and repertoire excerpts will further guide the audience.

Examples from repertoire will progress from trills in beginning repertoire such as the Mozart Minuet, K. 4 and the Bach Short Prelude in C, to elegant shorter trills such as the opening of Mozart's *Sonata in C, K. 545*, to longer trills in Beethoven, Chopin, and Debussy.

Emerging tremolo figures in early Beethoven and Clementi progress to Mendelssohn and the famous tremolos in Beethoven's *Pathétique Sonata*, culminating in advanced figures and double tremolos such as those found in the Beethoven Sonata Op. 111, Brahms concerti, and Rachmaninoff Etudes-Tableaux.

Excellent coordination of trills and tremolos frees up pianists to master other technical challenges of all varieties, at all levels, and in any style. Therefore, this session is appropriate for all pianists and teachers.

### **Fred Karpoff recital program for CSMTA**

Canoeing, Op. 119 No. 3	Amy Marcy Cheney Beach
Polka, Op. 36 No. 5	(1867-1944)
Ungaraise, Op. 31	Emilie Mayer
	(1812-1883)
Melody in C-Sharp Minor, Op. 4 No. 3	Fanny Mendelssohn Hensel
	(1805-1847)
Scherzo, Op. 15 No. 4	Clara Schumann
	(1819-1896)
Itku (Weeping), Op. 92 No. 6	Oskar Merikanto
Merellä (At Sea), Op. 47 No. 4	(1868-1924)
Selections from <i>Portraits in Jazz</i>	Valerie Capers
	(b. 1935)
15 Variations and Fugue in E-Flat Major, Op. 35 "Eroica"	Ludwig van Beethoven
Introduzione col Basso del Tema	(1770-1827)
A due	
A tre	
A quattro	

Tema

Var. I

Var. II

Var. III

Var. IV

Var. V

Var. VI

Var. VII – Canone all’ottava

Var. VIII

Var. IX

Var. X

Var. XI

Var. XII

Var. XIII

Var. XIV – Minore

Var. XV – Maggiore – Largo

Finale – Alla Fuga